



Taco Soup

1 lb. ground beef
1 pkg. taco seasoning
water
1 small onion, chopped
1 can of corn
2 cans of tomatoes
1 large can of tomato sauce
1 can of kidney beans
grated cheddar cheese
Fritos

Brown ground beef.
Add taco seasoning and water as instructed
on the package.
Add the next five ingredients, heat to
boiling. Then, lower to simmer for 30
minutes.

OR

After browning and seasoning the meat,
combine with the next five ingredients in
slow cooker and cook for several hours.

Serve with cheese and Fritos on top.